

The top section of the page features a collage of three photographs illustrating active travel. On the left, a woman in a dark coat and patterned trousers is riding a bicycle on a wet, reflective street. In the center, a man and a woman are walking on a sidewalk; the man is holding a black umbrella and the woman is holding a light-colored umbrella. On the right, a person is riding a bicycle on a road. The entire collage is framed by large, overlapping orange circular and triangular shapes.

# Active Travel Strategy Summary Report

## Introduction

Transport is important. It helps us access jobs, education, healthcare, shops and services.

We need to change our travel habits and have better travel options. If more people walked, wheeled or cycled, the level of harmful emissions in the atmosphere would reduce.

Changes, such as the COVID-19 pandemic and cost of living crisis, make us think about how we get around. More people are seeking transport that is affordable and safe.

## What is Active Travel?

Active travel is journeys undertaken by people-powered modes, including walking, people using wheelchairs, and cycling (including e-bikes).

Strathclyde Partnership for Transport (SPT) are creating an Active Travel Strategy. An Active Travel Strategy is a plan that helps people walk, wheel or cycle more often for everyday and essential journeys, such as travelling to school or to a friend's house.

The strategy will look at the different travel needs of different parts of the Strathclyde Region. The recommendations in the strategy will help achieve Scottish Government policies and plans.

## How will the Strategy be achieved?

We will work with organisations, such as your local council, to come up with ideas to improve active travel. We have a survey and webinar to gather feedback from communities and businesses across the Strathclyde Region. All of this helps us understand what needs to be included in the SPT Active Travel Strategy.

### The project has four main stages:

1. Identify the current problems and barriers to active travel in the west of Scotland.
2. Create a long list of solutions that will solve the problems and barriers.
3. Pick the best solutions, based on guidance from the Scottish Government.
4. Create a plan which makes the solutions become a reality, such as calculating the cost, and predicting the timescales.

## Get involved

Scan the QR code or email us at  
**TellUs-SPT@sweco.co.uk**



[spt.co.uk/active-future](https://spt.co.uk/active-future)



Funding for the project was awarded by Strathclyde Partnership for Transport and the Scottish Government through Sustrans Scotland's Places for Everyone programme.

